



**Eagle River Nature Center**

32750 Eagle River Road, Eagle River, Alaska 99577

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Non-profit Tax ID: 92-0156981

Suggested Summer Hiking Gear for ERNC Guided Hikes

Required gear

Day pack

Insect repellent

Personal medicines (if used),

Rain shell

Snacks

Sunglasses

Sunscreen

Toilet paper or facial tissue

Warm cap or ear band

Warm layer (fleece or wool)

Water

Optional gear

Duct tape (small roll)

Fire starter (such as cotton balls saturated with petroleum jelly)

First-aid kit (Band-aids, etc.)

Hand sanitizer gel

Small LED light

Small pocketknife

Waterproof matches

Suggested Additional Winter Hiking Gear for ERNC Guided Hikes

Extra warm layer (fleece or wool)

Gloves

Hand warmers

Socks

Traction aid (YakTrax, ice grippers, Stabilicers, etc.)